

# Cross-Curricular Supplemental Activity Packet

## Follow Your Feet



This packet contains classroom activity suggestions and worksheets to reinforce concepts from the Playbook® story and to go beyond the story into the content areas of Language Arts, Math, Science, Social Studies, Art, Health, etc., as well as Character Development.

Activities range in age appropriateness and skill level so that teachers can choose activities that best suit their particular students. An Answer Key is provided on the last page.

# Transportation Around the World

In the story, *Follow Your Feet*, you learned about some forms of transportation used in the United States, but what about other places? In some countries, very different ways of traveling are more common. Here are some of the many forms of transportation found around the world.



This is a **tuk-tuk**. Tuk-tuks have drivers like taxis and are found in Thailand and other parts of Asia and Europe. Their small size helps reduce traffic problems on busy roads!

In some places, people travel on **camels** or **horses**. In Egypt, the police ride on camels! Some children ride camels to school! Camels tolerate desert weather well because they can go days without drinking water. This makes them a reliable way to get from one place to another.



This is a **rickshaw**, a seat on wheels pulled by a person. Rickshaws are a major form of transportation in India. Many rickshaws today are now pulled by a person peddling a bicycle rather than walking.

In Venice, Italy, these boats called **gondolas** are like taxis that take you anywhere you need to go along the canal. The boats have fancy seats and decoration and some boat operators even sing to the passengers!



Cable cars, like this one in Japan, carry people in cabins hanging from cables supported high above the ground. They are often used on mountains for getting from bottom to top and back. This form of transportation can offer amazing views!

**Directions:** In the story, Trent decides that walking is his favorite way to travel, but it's important to remember how lucky we are to have so many ways to get from one place to another. In some places, walking is the only choice. On the lines below, write a short paragraph telling about several types of transportation you use in your life and how they help you.

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# Walking For Fun



In the story, Trent realizes how much he enjoys walking. To be healthy, all kids and adults need to be active every day. One of the easiest ways to do that is to make walking your form of transportation when this is practical. Walking makes you feel good and can be a lot of fun. Here are some ways you can get more walking into your daily life!

*Remember, an adult should go with you when walking away from home.*

- **Walk to school.** Moving your body to get to school can help you focus on your work and sit still while you're in school.
- **Walk to the park.** Walking to the park, or any other nearby location you would like to get to, gives you a fun goal to reach.
- **Make a game.** With your friends, walk around your neighborhood to collect something: cool rocks, dropped coins, trash to throw away, and more. You could even make up a scavenger hunt and mark off the things you find on the list.
- **Walk the dog.** Taking your dog for a walk lets you both get some fresh air and exercise! If you don't have a dog, maybe you can help your neighbor and walk their pet (with their permission, of course.)

**Directions:** Fill in the top four boxes with ways walking is part of your daily life. Then fill in the bottom two boxes with new ways you can think of to walk more.


Name \_\_\_\_\_



# Follow the Words

**Directions:** Before you read *Follow Your Feet*, your teacher will go over these important words from the story with you.

**Boat**



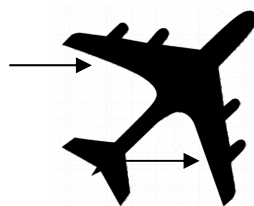
**Subway** - a type of train that runs underground



**Train**



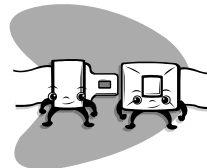
**Wings**



**Plane**



**Seatbelt**



**Taxi**



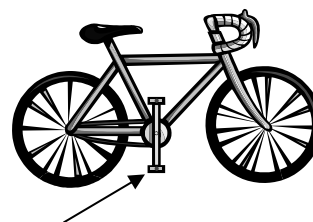
**Statue of Liberty**



**Bike or Bicycle**



**Pedals**



**Ferry** - a kind of boat used to take passengers back and forth across a body of water



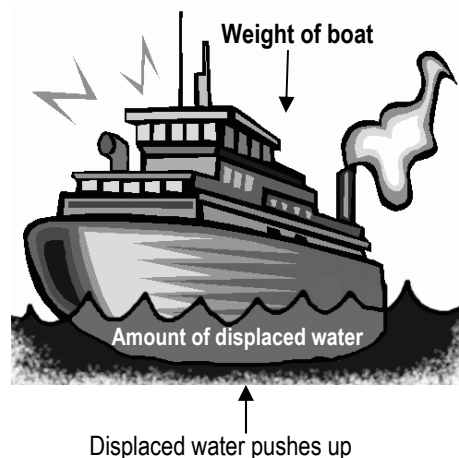
**Transportation** - ways of getting from one place to another

**Travel** - going from one place to another



# Can Your Boat Float?

In the story, *Follow Your Feet*, Trent learns the way all his favorite toys work in real life! Captain Jack teaches him why boats float. This activity will help you understand even better what makes a boat work properly, and you will also get to make your own floating boat model.



For an object to float, it has to **displace** (or push out of the way) an amount of water that is **equal** to its own weight before it is completely under the water. The way a boat is shaped, and the fact that it has air inside it, makes it light enough so that this happens, and the displaced water underneath holds it up.

## The Experiment

**What you need:**  
**clear plastic tub**  
**glass marbles**  
**5 x 5 inch squares of aluminum foil**

### Steps:

1. Fill the tub with water.
2. Squish a square of aluminum foil into a tight ball and place it in the water. Observe what happens.
3. Fold up the sides of a square of aluminum foil so that it makes a boat shape. Place in the water and see what happens.
4. Place marbles, one at a time, into your floating foil boat and see how many it can hold before it sinks.
5. Try different shapes and ways of folding and compare results.
6. Your teacher will lead a class discussion.

**Directions:** Answer the questions below about what happened in your experiment.

1. What happened when you put the tight ball of foil into the water? \_\_\_\_\_
2. Mark on the chart below how many marbles of your foil boats held before sinking, and describe the size and shape of the boat.

Boat	Number of Marbles Held	Boat Description
First Boat		
Second Boat		
Third Boat		
Fourth Boat		
Fifth Boat		

Name \_\_\_\_\_



# Planes, Trains, and Boats! Oh, My!

**Directions:** Answer the questions about the story, *Follow Your Feet*.

1. Why is Trent most excited about going to New York City?

\_\_\_\_\_

2. For which form of transportation does Trent help explain to another character how it works? \_\_\_\_\_

3. What did you learn in the story is special about an airplane's wings that allows it to fly?

\_\_\_\_\_

4. What did you learn about why taxis are often used in big cities?

\_\_\_\_\_

5. How long have subway trains been in New York City? Circle the best choice.

A. more than 100 years

B. less than 100 years

C. about 50 years

D. about 30 years

6. Why can a bicycle move so fast compared to how quickly you need to peddle?

\_\_\_\_\_

\_\_\_\_\_

7. According to the story, why can boats float?

\_\_\_\_\_

\_\_\_\_\_

8. What was your favorite form of transportation in the story, and why?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

# Answer Key

## For Teacher Use Only



### Transportation Around the World *(Sample Answer)*

I ride the bus to school and home from school every day. I ride in the car with my dad to go lots of places. One time I rode the train to San Diego for a trip with my grandma. I have been on a plane when I went on vacation with my family. If I had to walk to school it would take a lot longer. Some places I would not get to go to at all if I could only walk, like my trip with my grandma and our vacation last summer.

### Walking For Fun *(Sample Answer)*

I walk up and down the stairs for homework breaks.	I walk my little brother to his friend's house down the street.
I walk my dog after school.	My friends and I walk around the playground at lunch recess and pretend we are explorers.
I can walk at the beach with my mom.	I can walk to dance class which is a block from my neighborhood.

### Planes, Trains, and Boats! Oh, My!

1. Trent is most excited about getting to ride on real planes, trains, and boats. He had also heard that New York City is the coolest place in the world.
2. He helps explain to his mom how a bicycle works.
3. The top of the wing is curved and the bottom is flat so the wind pushes harder on the bottom of the wing.
4. Taxis are used in big cities because there are more people. If everyone drove a car everywhere, the streets would be too crowded.
5. A - more than 100 years
6. A bike has a big circle attached to a little circle that makes the wheels turn. When you peddle once, the big circle turns around once but the little circle turns a lot of times, making the bike move quickly compared to how fast you peddle.



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