

Soccer Stars



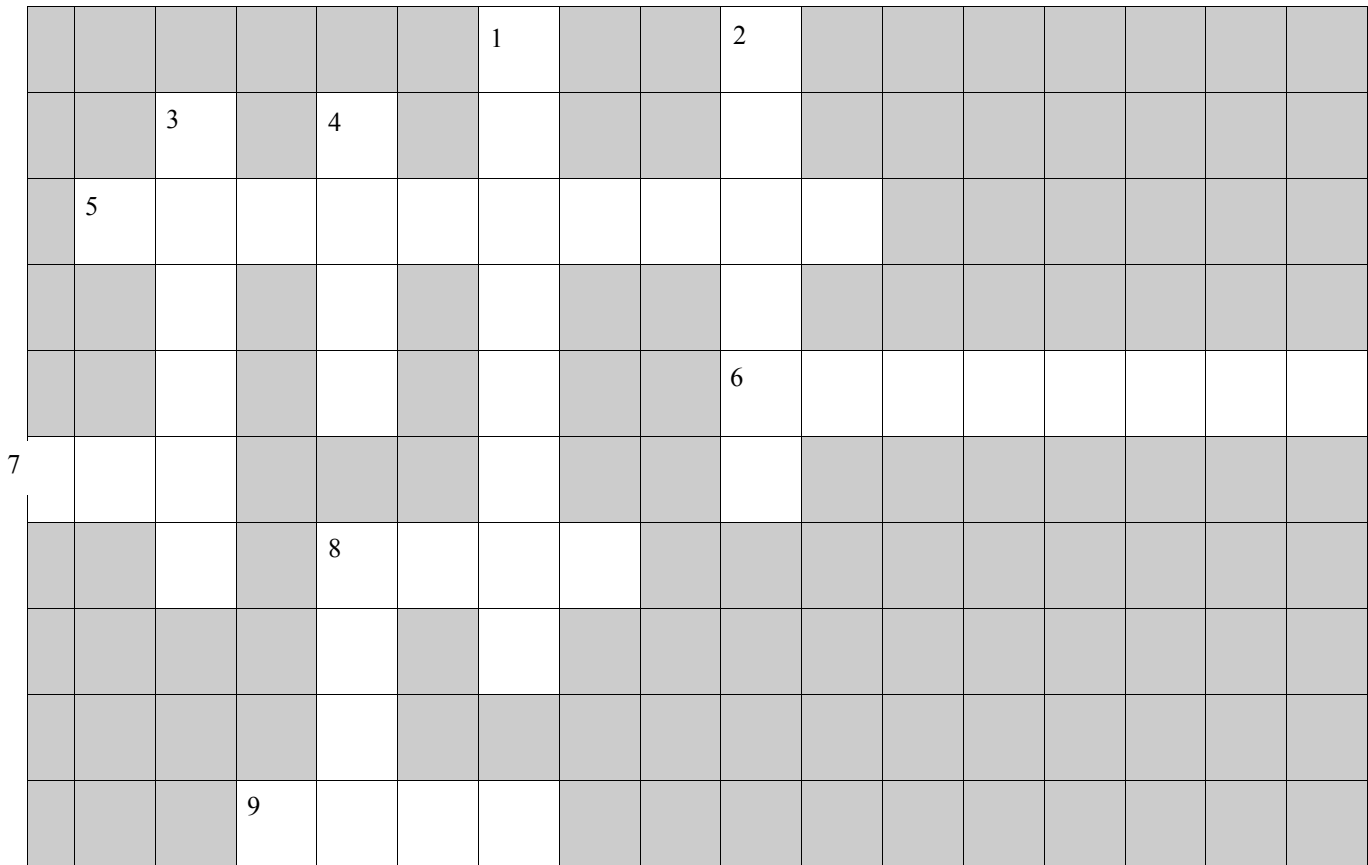
Supplemental Activity Packet

This packet contains classroom activity suggestions and worksheets to reinforce concepts from the Playbook® story and to go beyond the story into the content areas of Language Arts, Math, Science, Social Studies, Art, Health, etc., as well as Character Development.

Activities range in age appropriateness and skill level so that teachers can choose activities that best suit their particular students. An Answer Key is provided on the last page.

Name: _____

Crazy Soccer Stars



Across

5. The original gold trophy was given in the name of this person
6. The kick Alejandro made up
7. The crowd chants this, means bravo
8. The World Cup is played every _____ years
9. Alejandro asked Luis for help with what subject in school

Down

1. Soccer teams all over the world compete to win this
2. Special shoes soccer players wear on the field
3. Luis's strength in soccer
4. Soccer is a _____ sport
8. Soccer's rulemaking organization



Name: _____

What does it mean?



What do you think Luis's grandmother meant when she said, "For whom the Lord loveth, he correcteth?" Write your own interpretation, then share as a group.

Did other interpretations within the group differ from your own?

If so, how many other interpretations? _____

Name: _____



Do You Remember?

1) Who had a grandfather who was a famous soccer player?

2) What is the "crazy taco?" (In Spanish, it is called the taco loco.)

3) Why was Luis so angry throughout the story?

4) What did Luis's grandmother always call him?

5) Why did the people of the village give Alejandro the soccer cleats as a gift?

6) How did Luis feel after Alejandro broke his leg?

7) What lesson do you think Luis learned in the story?



Essay

Choose one of the following prompts to write about on a separate sheet of paper. Be sure to write neatly and use correct punctuation. Also, make sure you answer all parts of the essay and address each question included in the topic.

1. Have you ever been jealous of somebody or has somebody else been jealous of you?

Write a descriptive essay in which you explain the situation. You may write about real people and real situations, but try to avoid using their real names. Concentrate on describing the emotion of jealousy and the way that you felt with descriptive adjectives and figurative language.

OR

2. What does it mean to be a team player?

Write an essay giving your opinion. Use examples from the story, Soccer Stars, to support your opinion.

OR

3. How does setting goals help you?

Write an essay giving examples of goals you have set. Once you set a goal, what steps did you take that helped you achieve your goals?



Name: _____



Let the Good Times Roll

Here is a fun link for a "soccer shootout" game that you can play at home. You can even try challenging Mom or Dad to a match by playing the game twice and seeing who has the better score. Go to <http://www.funbrain.com/fractop/index.html>. Use the table below to keep score.



How To Play:

- Score and keep the opponent from scoring by correctly answering the math problems.

| Home | Visitor | Home | Visitor |
|------|---------|------|---------|
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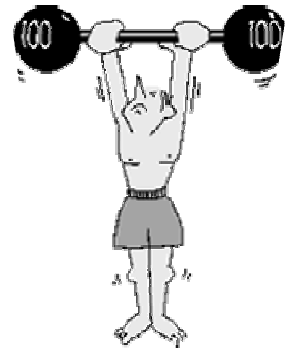
Healthy Soccer Stars



Every "Soccer Star" has to stay healthy so they can keep up on the field. This includes eating right, exercising, and getting plenty of sleep each night.

Eating healthy can be hard, but the benefits of a good diet are amazing. Make sure your diet includes a good amount of fruits, vegetables, and whole grains. Try to not add salt or sugar to the foods you are already eating. A diet that is low in saturated fat and cholesterol is also beneficial. Instead of eating "junk food," try eating a healthy snack. You also need to make sure that you are not only eating healthy foods, but that they are proportional servings. A serving is about the size of your fist. Eating this way will help you to not over eat. Drinking plenty of water and milk instead of fruity drinks and soda also keeps your body healthier and hydrated.

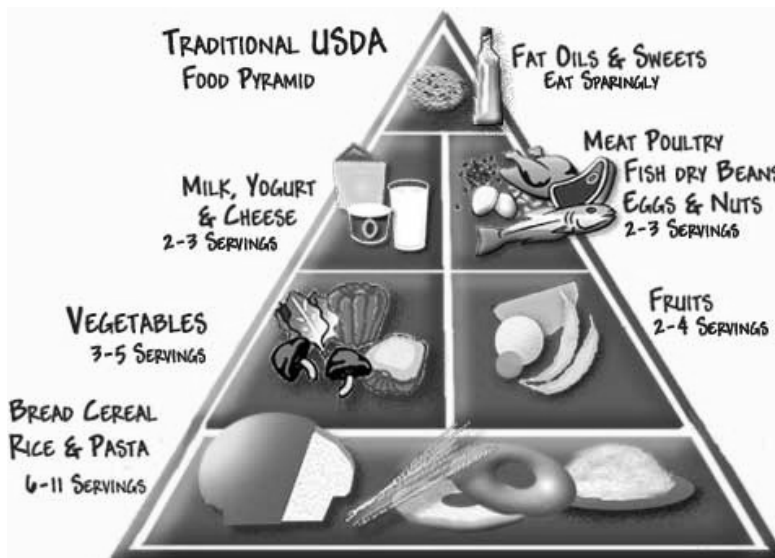
Along with a healthy diet, exercise keeps the body fit. Sorry, this means less T.V. and video games. Exercising can reduce the chances of heart disease, obesity, high blood pressure, and other diseases. Exercising doesn't always have to be at the gym. You can go swimming, surfing, hiking, dancing, tennis, going to the park, or even just walking. You can also exercise with friends to make it more fun.



Z Z Z The amount of sleep an individual needs every night is not determined by a set rule, but instead by how much sleep his or her body needs to perform the following day. However, there are guidelines for different age groups on the average number of hours we *should* sleep each night.

Children from ages 6 - 9 should be getting an average of ten hours of sleep every night. Children ages 10 - 12 need a little over 9 hours, and teenagers need between 8 and 9.5 hours of sleep each night. However, most teens do *not* get the recommended amount of sleep. Remember these are only averages and you may need more or less sleep depending on your body's needs. Getting *enough* sleep is a healthy habit that you need to keep. As you get older, you tend to get less sleep. However, by keeping a good sleep habit, you will be better equipped to keep up with the increasing work load of junior high, high school, and college.

Healthy Soccer Stars



Here are some questions to help you determine what you could do to become more healthy.

1. Do you exercise during the week? If so, how long?
2. How many hours of T.V. or video games do you watch or play every day? Do you think you should spend less time doing these activities?
3. What could you do instead of watching T.V. or playing video games?
4. What do you consider "junk food?" Do you eat a lot of "junk food?"
5. By looking at the chart above, do you get enough servings of vegetables every day? What about fruit?
6. Name two to three things you could do to become more healthy.



Name: _____

Vocabulary

A. international

F. emotion

K. friendship

B. championship

G. disease

L. accomplish

C. surround

H. disappoint

M. forgiveness

D. protect

I. scrimmage

N. tournament

E. consume

J. opportunity

1. ____ practice game between two groups on the same team
2. ____ state of feelings, strong feeling
3. ____ series of games or contests that are a single competition
4. ____ includes more than one nation or country
5. ____ to take up in its entirety
6. ____ to succeed in reaching a goal
7. ____ a contest held to determine the winner or best team out of many
8. ____ a condition that interferes with normal body function, usually shows signs and symptoms, may become ill
9. ____ to not feel resentment against someone or something
10. ____ to cover or shield from exposure
11. ____ attached to one by affection, have trust in one another
12. ____ to fail to meet expectation or hope of
13. ____ to enclose on all sides



Go Team!!!



In the story *Soccer Stars*, the village supported Alejandro, because they thought he could bring fame and happiness to their village using his soccer abilities.

There are many different ways communities and schools show support for their local teams' athletes. Below, list some actions you think can be taken by communities and schools to show support to their athletes.

Write a brief summary, including at least three reasons, why communities and schools offer support to athletes.

Soccer Stars

Answer Key

For Teacher Use Only

Crazy Soccer Stars

Across

5. Jules Rimet
6. Taco Loco
7. Ole
8. Four
9. Math

Down

1. World Cup
2. Cleats
3. Runner
4. Team
8. FIFA

What Does it Mean?

Answers will vary.

Do You Remember?

1. Alejandro
2. The kick Alejandro made up
3. He was jealous
4. God's Brightest Star
5. They believed in him and wanted to show support
6. Guilty and remorseful
7. There's no I in team

Essay

Answers will vary.

Let the Good Times Roll

Answers will vary.

Healthy Soccer Stars

Answers will vary.

Vocabulary

1. I
2. F
3. N
4. A
5. E
6. L
7. B
8. G
9. M
10. D
11. K
12. H
13. C
14. J

Go Team!!!

Answers will vary.





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